

Spring 2021 R'Success Workshop Series

April 5 – Apr 9		
M, Apr 5	10:00am	Reading for Success in College
T, Apr 6	1:00pm	Be the CEO of You
W, Apr 7	10:00am	Goal Setting & Time Management
R, Apr 8	10:00am	Journey to Academic Success
F, Apr 9	1:00pm	Motivation
Apr 12 - Apr 16		
M, Apr 12	10:00am	Goal Setting & Time Management
T, Apr 13	1:00pm	Taking Care of You! (The Student)
W, Apr 14	10:00am	Preparing for Graduate and Professional School Exams
R, Apr 15	10:00am	Public Speaking & Effective Presentations
F, Apr 16	1:00pm	Small Talk & Initiating Relationships
Apr 19 - Apr 23		
M, Apr 19	10:00am	Stress Management
T, Apr 20	1:00pm	Preparing For and Taking Tests
W, Apr 21	10:00am	Reading for Success in College
R, Apr 22	10:00am	Be the CEO of You
F, Apr 23	1:00pm	Goal Setting & Time Management
Apr 26 - Apr 30		
M, Apr 26	10:00am	Journey to Academic Success
T, Apr 27	1:00pm	Motivation
W, Apr 28	10:00am	Taking Care of You! (The Student)
R, Apr 29	10:00am	Preparing for Graduate and Professional School Exams
F, Apr 30	1:00pm	Public Speaking & Effective Presentations

May 3 - May 7		
M, May 3	10:00am	Small Talk & Initiating Relationships
T, May 4	1:00pm	Stress Management
W, May 5	10:00am	Preparing For and Taking Tests
R, May 6	10:00am	Reading for Success in College
F, May 7	1:00pm	Be the CEO of You
May 10 - May 14 UCR Leadership Week (5/10 – 5/13)		
M, May 10	10:00am	Be the CEO of You
T, May 11	1:00pm	Goal Setting & Time Management
W, May 12	10:00am	Taking Care of You! (The Student)
R, May 13	10:00am	Motivation
F, May 14	1:00pm	Journey to Academic Success
May 17 - May 21		
M, May 17	10:00am	Teamwork & Resolving Conflict
T, May 18	1:00pm	Public Speaking & Effective Presentations
W, May 19	10:00am	Preparing for Graduate and Professional School Exams
R, May 20	10:00am	Stress Management
F, May 21	1:00pm	Preparing For and Taking Tests
May 24 – May 28		
M, May 24	10:00am	Reading for Success in College
T, May 25	1:00pm	Be the CEO of You
W, May 26	10:00am	Goal Setting & Time Management
R, May 27	10:00am	Journey to Academic Success
F, May 28	1:00pm	Motivation

All Workshop Sessions will be held via Zoom (Prior Registration Required)

Go to <https://arc.ucr.edu/rsuccess> for more information

Earn **Reward Stamps** for attending workshops throughout the year. Sign up online today!

Receive a stamp for each session you attend (when indicated, some workshops are worth 2 stamps). 7 stamps earn you a **Certificate of Completion** and an invitation to the ARC's **Recognition Event** in May. Check our website for more information.

Visit the UCR Academic Resource Center online at www.arc.ucr.edu • Staff available Mon-Fri, 9am-5pm
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