

# Fall 2021 R' Success Workshop Series

Week 2: Oct 4 – Oct 8		
M, Oct 4	12:00pm	Journey to Academic Success
T, Oct 5	1:00pm	Goal Setting & Time Management
W, Oct 6	1:00pm	Motivation
R, Oct 7	9:30am	Reading for Success in College
F, Oct 8	9:30am	Small Talk & Initiating Relationships
Week 3: Oct 11 – Oct 15		
M, Oct 11	11:00am	Preparing For and Taking Tests
T, Oct 12	11:00am	Be the CEO of You
W, Oct 13	1:00pm	Taking Care of You! (The Student)
R, Oct 14	2:30pm	Stress Management
F, Oct 15	10:00am	Public Speaking & Effective Presentations
Week 4: Oct 18 – Oct 22		
M, Oct 18	10:00am	Reading for Success in College
T, Oct 19	11:00am	Teamwork & Resolving Conflict
W, Oct 20	1:00pm	Goal Setting & Time Management
R, Oct 21	2:30pm	Small Talk & Initiating Relationships
F, Oct 22	10:00am	Motivation
Week 5: Oct 25 – Oct 29		
M, Oct 25	11:00am	Stress Management
T, Oct 26	11:00am	Public Speaking & Effective Presentations
W, Oct 27	1:00pm	Preparing For and Taking Tests
R, Oct 28	2:30pm	Taking Care of You! (The Student)
F, Oct 29	9:00am	Intro to Graduate and Professional School Exams

Week 6: Nov 1 – Nov 5		
M, Nov 1	10:00am	Goal Setting & Time Management
T, Nov 2	11:00am	Journey to Academic Success
W, Nov 3	1:00pm	Reading for Success in College
R, Nov 4	2:30pm	Motivation
F, Nov 5	11:00am	Small Talk & Initiating Relationships
Week 7: Nov 8 – Nov 12		
M, Nov 8	11:00am	Teamwork & Resolving Conflict
T, Nov 9	11:00am	Stress Management
W, Nov 10	1:00pm	Be the CEO of You
R, Nov 11	<i>Veteran's Day</i>	
F, Nov 12	10:00am	Preparing For and Taking Tests
Week 8: Nov 15 – Nov 19		
M, Nov 15	10:00am	Small Talk & Initiating Relationships
T, Nov 16	11:00am	Intro to Graduate and Professional School Exams
W, Nov 17	1:00pm	Public Speaking & Effective Presentations
R, Nov 18	2:30pm	Goal Setting & Time Management
F, Nov 19	11:00am	Taking Care of You! (The Student)
Week 9: Nov 22 – Nov 26		
M, Nov 22	11:00am	Motivation
T, Nov 23	11:00am	Preparing For and Taking Tests
W, Nov 24	1:00pm	Stress Management
R, Nov 25	<i>Thanksgiving Holiday</i>	
F, Nov 26		

**All Workshop Sessions will be held via Zoom (Prior Registration Required)**

Go to <https://arc.ucr.edu/rsuccess> for more information

Earn **Reward Stamps** for attending workshops throughout the year. Sign up online today!

Receive a stamp for each session you attend (when indicated, some workshops are worth 2 stamps). 7 stamps earn you a **Certificate of Completion** and an invitation to the ARC's **Recognition Event** in May. Check our website for more information.

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