

Winter 2022 R' Success Workshops

(tentative - workshop topics may change)

Week 2: Jan 10 – Jan 14		
M, Jan 10	10:00am	Be the CEO of You - in-person
T, Jan 11	9:00am	Goal Setting & Time Management – remote
W, Jan 12	12:00pm	Journey to Academic Success - remote
R, Jan 13	10:00am	Motivation - in-person
F, Jan 14	11:00am	Taking Care of You! (The Student) – remote
Week 3: Jan 17 – Jan 21		
M, Jan 17	<i>MLK, Jr. Day</i>	
T, Jan 18*	11:00am	Teamwork & Resolving Conflict – remote
W, Jan 19	12:00pm	Public Speaking & Effective Presentations - remote
R, Jan 20*	9:00am	Small Talk & Initiating Relationships - in-person
F, Jan 21	10:00am	Stress Management – remote
Week 4: Jan 24 – Jan 28		
M, Jan 24*	10:00am	Reading for Success in College - in-person
T, Jan 25	11:00am	Preparing For and Taking Tests – in-person
W, Jan 26	9:00am	Intro to Grad and Prof School Exams - remote
R, Jan 27*	10:00am	Be the CEO of You - in-person
F, Jan 28	11:00am	Goal Setting & Time Management – remote
Week 5: Jan 31 – Feb 4		
M, Jan 31*	11:00am	Motivation - in-person
T, Feb 1	11:00am	Taking Care of You! (The Student) – remote
W, Feb 2	12:00pm	Teamwork & Resolving Conflict - remote
R, Feb 3*	9:00am	Public Speaking & Effective Presentations - in-person
F, Feb 4	10:00am	Small Talk & Initiating Relationships – remote

Week 6: Feb 7 – Feb 11		
M, Feb 7*	10:00am	Stress Management – in-person
T, Feb 8	11:00am	Reading for Success in College – remote
W, Feb 9	12:00pm	Preparing For and Taking Tests - remote
R, Feb 10*	9:00am	Intro to Grad and Prof School Exams - in-person
F, Feb 11	11:00am	Be the CEO of You – remote
Week 7: Feb 14 – Feb 18		
M, Feb 14*	11:00am	Goal Setting & Time Management - in-person
T, Feb 15	11:00am	Journey to Academic Success – in-person
W, Feb 16	10:00am	Motivation – remote
R, Feb 17*	9:00am	Taking Care of You! (The Student) - in-person
F, Feb 18	12:00pm	Teamwork & Resolving Conflict – remote
Week 8: Feb 21 – Feb 25		
M, Feb 21	<i>President's Day</i>	
T, Feb 22*	11:00am	Public Speaking & Effective Presentations – remote
W, Feb 23	12:00pm	Small Talk & Initiating Relationships - remote
R, Feb 24*	9:00am	Reading for Success in College - in-person
F, Feb 25	10:00am	Preparing For and Taking Tests – remote
Week 9: Feb 28 – Mar 4		
M, Feb 28*	11:00am	Intro to Grad and Prof School Exams - in-person
T, Mar 1	11:00am	Be the CEO of You – remote
W, Mar 2	12:00pm	Goal Setting & Time Management - remote
R, Mar 3*	9:00am	Journey to Academic Success - in-person
F, Mar 4	10:00am	Motivation – remote

***Workshops shaded in gold are held at the ARC (in-person)**

All other workshops will be remote through Zoom

Register online through the [Accademia](https://arc.ucr.edu) link at arc.ucr.edu

Go to <https://arc.ucr.edu/rsuccess> for more information

Visit the UCR Academic Resource Center online at www.arc.ucr.edu • Staff available Mon-Fri, 9am-5pm

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