Winter 2022 R' Success Workshops

(tentative - workshop topics are expected to change)

Week 2:	Jan 10 – Jan	14		
Be the CEO of You M, Jan 10	9am 11am 1pm	remote only		
Goal Setting & Time Management T, Jan 11	9am 1pm	remote only		
Journey to Academic Success W, Jan 12	11am 1pm	remote only		
Motivation R, Jan 13	9am 11am 2pm	remote only		
Taking Care of You! (The Student) F, Jan 14	9am 11am 1pm	remote only		
Week 3: Jan 17 – Jan 21				
NO WORKSHOPS M, Jan 17	MLK, Jr. Day			
Teamwork & Resolving Conflict T, Jan 18	9am 2pm	remote only		
Public Speaking & Effective Presentations W, Jan 19	9am 11am	remote only		
Small Talk & Initiating Relationships R, Jan 20	9am	remote only		
Stress Management	9am 11am	remote only		

1pm

Week 4: Jan 24 – Jan 28				
Reading for Success in College M, Jan 24	9am 11am 1pm	remote only		
Preparing For and Taking Tests	9am 11am	remote only		
T, Jan 25 Intro to Grad and Prof School Exams	9am	remote only		
W, Jan 26 Be the CEO of You	2pm 9am			
R, Jan 27	11am	remote only		
Goal Setting & Time Management F, Jan 28	9am 11am 1pm	remote only		
Week 5: Jan 31 – Feb 4				
Week 5:	Jan 31 – Fel	o 4		
	Jan 31 – Fel	remote		
Motivation				
	11am	remote		
Motivation M, Jan 31 Taking Care of You!	11am 2pm	remote in-person		
Motivation M, Jan 31	11am 2pm 4pm	remote in-person remote		
Motivation M, Jan 31 Taking Care of You! (The Student)	11am 2pm 4pm 2pm	remote in-person remote remote		
Motivation M, Jan 31 Taking Care of You! (The Student) T, Feb 1 Teamwork & Resolving Conflict W, Feb 2 Public Speaking &	11am 2pm 4pm 2pm 4pm	remote in-person remote remote in-person		
Motivation M, Jan 31 Taking Care of You! (The Student) T, Feb 1 Teamwork & Resolving Conflict W, Feb 2	11am 2pm 4pm 2pm 4pm 3pm	remote in-person remote remote in-person remote		
Motivation M, Jan 31 Taking Care of You! (The Student) T, Feb 1 Teamwork & Resolving Conflict W, Feb 2 Public Speaking & Effective Presentations	11am 2pm 4pm 2pm 4pm 3pm 11am 9am	remote in-person remote remote in-person remote in-person		
Motivation M, Jan 31 Taking Care of You! (The Student) T, Feb 1 Teamwork & Resolving Conflict W, Feb 2 Public Speaking & Effective Presentations R, Feb 3	11am 2pm 4pm 2pm 4pm 3pm 11am	remote in-person remote remote in-person remote in-person remote		

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Week 6: Feb 7 – Feb 11			
Stress Management M, Feb 7	9am	in-person	
	11am	remote	
	1pm	remote	
Reading for	9am	in-person	
Success in College	11am	remote	
T, Feb 8	2pm	remote	
Preparing For and	9am	remote	
Taking Tests	11am	remote	
W, Feb 9	2pm	remote	
Intro to Grad and	9am	remote	
Prof School Exams	11am	in-person	
R, Feb 10	2pm	remote	
D- # 050 -f.V	9am	remote	
Be the CEO of You F, Feb 11	11am	remote	
F, Feb 11	1pm	remote	
Week 7: Feb 14 – Feb 18			
Week 7:	Feb 14 – Feb	18	
	Feb 14 – Feb 11am	in-person	
Week 7: Goal Setting & Time Management			
Goal Setting &	11am	in-person	
Goal Setting & Time Management	11am 1pm	in-person remote	
Goal Setting & Time Management M, Feb 14	11am 1pm 3pm	in-person remote remote	
Goal Setting & Time Management M, Feb 14 Journey to	11am 1pm 3pm 9am	in-person remote remote remote	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success	11am 1pm 3pm 9am 11am	in-person remote remote remote in-person	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success T, Feb 15	11am 1pm 3pm 9am 11am 2pm	in-person remote remote remote in-person remote	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success T, Feb 15 Motivation	11am 1pm 3pm 9am 11am 2pm 9am 11am 9am	in-person remote remote remote in-person remote remote	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success T, Feb 15 Motivation W, Feb 16 Taking Care of You! (The Student)	11am 1pm 3pm 9am 11am 2pm 9am	in-person remote remote remote in-person remote remote remote	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success T, Feb 15 Motivation W, Feb 16 Taking Care of You!	11am 1pm 3pm 9am 11am 2pm 9am 11am 9am	in-person remote remote remote in-person remote remote remote remote remote in-person	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success T, Feb 15 Motivation W, Feb 16 Taking Care of You! (The Student)	11am 1pm 3pm 9am 11am 2pm 9am 11am 9am 11am	in-person remote remote remote in-person remote remote remote remote remote remote remote	
Goal Setting & Time Management M, Feb 14 Journey to Academic Success T, Feb 15 Motivation W, Feb 16 Taking Care of You! (The Student) R, Feb 17	11am 1pm 3pm 9am 11am 2pm 9am 11am 11am 2pm 2pm	in-person remote remote remote in-person remote remote remote remote remote remote remote remote remote in-person remote remote	

Week 8: Feb 21 – Feb 25				
NO WORKSHOPS M, Feb 21	President's Day			
Public Speaking &	9am	in-person		
Effective Presentations	11am	remote		
T, Feb 22	2pm	remote		
Small Talk &	9am	remote		
Initiating Relationships	11am	remote		
W, Feb 23	2pm	remote		
Reading for	9am	remote		
Success in College	11am	in-person		
R, Feb 24	2pm	remote		
Preparing For and	9am	remote		
Taking Tests	11am	remote		
F, Feb 25	1pm	remote		
•				
Week 9:	Feb 28 – Ma			
Week 9:				
	Feb 28 – Ma	r 4		
Intro to Grad and	Feb 28 – Ma 11am	r 4		
Intro to Grad and Prof School Exams M, Feb 28	Feb 28 – Ma 11am 1pm	r 4 remote in-person		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You	Feb 28 – Ma 11am 1pm 3pm	r 4 remote in-person remote		
Intro to Grad and Prof School Exams M, Feb 28	11am 1pm 3pm 11am	r 4 remote in-person remote in-person		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You	11am 1pm 3pm 11am 2pm	r 4 remote in-person remote in-person remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1	11am 1pm 3pm 11am 2pm 4pm	r 4 remote in-person remote in-person remote remote remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1 Goal Setting &	11am 1pm 3pm 11am 2pm 4pm 9am	r 4 remote in-person remote in-person remote remote remote remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1 Goal Setting & Time Management	11am 1pm 3pm 11am 2pm 4pm 9am 11am	r 4 remote in-person remote in-person remote remote remote remote remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1 Goal Setting & Time Management W, Mar 2	11am 1pm 3pm 11am 2pm 4pm 9am 11am 2pm	r 4 remote in-person remote in-person remote remote remote remote remote remote remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1 Goal Setting & Time Management W, Mar 2 Journey to	11am 1pm 3pm 11am 2pm 4pm 9am 11am 2pm 9am	r 4 remote in-person remote in-person remote remote remote remote remote remote remote remote remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1 Goal Setting & Time Management W, Mar 2 Journey to Academic Success R, Mar 3	11am 1pm 3pm 11am 2pm 4pm 9am 11am 2pm 9am 11am 11am	remote in-person remote in-person remote		
Intro to Grad and Prof School Exams M, Feb 28 Be the CEO of You T, Mar 1 Goal Setting & Time Management W, Mar 2 Journey to Academic Success	11am 1pm 3pm 11am 2pm 4pm 9am 11am 2pm 9am 11am 2pm 9am 11am 2pm	remote in-person remote in-person remote		

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