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| **Week 2: Jan 10 – Jan 14** | | |
| Be the CEO  of You  **M, Jan 10** | 9am | remote only |
| 11am |
| 1pm |
| Goal Setting &  Time Management  **T, Jan 11** | 9am | remote only |
| 1pm |
| Journey to  Academic Success  **W, Jan 12** | 11am | remote only |
| 1pm |
| Motivation  **R, Jan 13** | 9am | remote only |
| 11am |
| 2pm |
| Taking Care of You!  (The Student)  **F, Jan 14** | 9am | remote only |
| 11am |
| 1pm |
| **Week 3: Jan 17 – Jan 21** | | |
| **NO WORKSHOPS**  **M, Jan 17** | ***MLK, Jr. Day*** | |
| Teamwork &  Resolving Conflict  **T, Jan 18** | 9am | remote only |
| 2pm |
| Public Speaking & Effective Presentations  **W, Jan 19** | 9am | remote only |
| 11am |
| Small Talk &  Initiating Relationships  **R, Jan 20** | 9am | remote only |
| Stress Management  **F, Jan 21** | 9am | remote only |
| 11am |
| 1pm |
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| **Week 4: Jan 24 – Jan 28** | | |
| Reading for  Success in College  **M, Jan 24** | 9am | remote only |
| 11am |
| 1pm |
| Preparing For and  Taking Tests  **T, Jan 25** | 9am | remote only |
| 11am |
| Intro to Grad and  Prof School Exams  **W, Jan 26** | 9am | remote only |
| 2pm |
| Be the CEO of You  **R, Jan 27** | 9am | remote only |
| 11am |
| Goal Setting &  Time Management  **F, Jan 28** | 9am | remote only |
| 11am |
| 1pm |
| **Week 5: Jan 31 – Feb 4** | | |
| Motivation  **M, Jan 31** | 11am | remote |
| **2pm** | **in-person** |
| 4pm | remote |
| Taking Care of You!  (The Student)  **T, Feb 1** | 2pm | remote |
| **4pm** | **in-person** |
| Teamwork &  Resolving Conflict  **W, Feb 2** | 3pm | remote |
| Public Speaking &  Effective Presentations  **R, Feb 3** | **9am** | **in-person** |
| 11am | remote |
| Small Talk &  Initiating Relationships  **F, Feb 4** | 9am | remote |
| 11am | remote |
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| **Week 6: Feb 7 – Feb 11** | | |
| Stress Management  **M, Feb 7** | **9am** | **in-person** |
| 11am | remote |
| Reading for  Success in College  **T, Feb 8** | **9am** | **in-person** |
| 11am | remote |
| Preparing For and  Taking Tests  **W, Feb 9** | 9am | remote |
| 2pm | remote |
| Intro to Grad and  Prof School Exams  **R, Feb 10** | 9am | remote |
| **2pm** | **in-person** |
| Be the CEO  of You  **F, Feb 11** | 9am | remote |
| 11am | remote |
| **Week 7: Feb 14 – Feb 18** | | |
| Goal Setting &  Time Management  **M, Feb 14** | **11am** | **in-person** |
| Journey to  Academic Success  **T, Feb 15** | 9am | remote |
| **11am** | **in-person** |
| Motivation  **W, Feb 16** | 9am | remote |
| 11am | remote |
| Taking Care of You!  (The Student)  **R, Feb 17** | **9am** | **in-person** |
| 2pm | remote |
| Teamwork &  Resolving Conflict  **F, Feb 18** | 9am | remote |
| 11am | remote |
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| **Week 8: Feb 21 – Feb 25** | | |
| **NO WORKSHOPS**  **M, Feb 21** | ***President’s Day*** | |
| Public Speaking &  Effective Presentations  **T, Feb 22** | **9am** | **in-person** |
| 11am | remote |
| Small Talk &  Initiating Relationships  **W, Feb 23** | 9am | remote |
| 2pm | remote |
| Reading for  Success in College  **R, Feb 24** | 9am | remote |
| **2pm** | **in-person** |
| Preparing For and  Taking Tests  **F, Feb 25** | 9am | remote |
| 11am | remote |
| **Week 9: Feb 28 – Mar 4** | | |
| Intro to Grad and  Prof School Exams  **M, Feb 28** | 11am | remote |
| Be the CEO of You  **T, Mar 1** | **11am** | **in-person** |
| 4pm | remote |
| Goal Setting &  Time Management  **W, Mar 2** | 9am | remote |
| 2pm | remote |
| Journey to  Academic Success  **R, Mar 3** | 9am | remote |
| **2pm** | **in-person** |
| Motivation  **F, Mar 4** | 9am | remote |
| 11am | remote |