

Spring 2019 R' Success Workshop Series

Week Two		
Tuesday April 9	10am–11am	Ability to Give & Receive Feedback
	1pm–2pm	Creating Effective Presentations
Wednesday April 10	11am–12pm	Developing Strategies to be Victorious in Math
	3pm–4pm	Goal Setting & Time Management
Thursday April 11	10am–11am	Journey to Academic Success
	2pm–3pm	Expand Your Memory, Enhance Your Grades
Week Three		
Tuesday April 16	10am–11am	Conflict: Work through it
	1pm–2pm	Be the CEO of YOU
Wednesday April 17	11am–12pm	Creating Effective Presentations
	3pm–4pm	Small Talk & Initiating Relationships
Thursday April 18	10am–11am	Expand Your Memory, Enhance Your Grades
	2pm–3pm	Journey to Academic Success
Week Four		
Tuesday April 23	10am–11am	Developing Strategies to be Victorious in Math
	1pm–2pm	Ability to Give & Receive Feedback
Wednesday April 24	11am–12pm	Be the CEO of YOU**
	3pm–4pm	Public Speaking... You can do it
Thursday April 25	10am–11am	Goal Setting & Time Management
	2pm–3pm	Public Speaking... You can do it
Week Five		
Tuesday April 30	10am–11am	Creating Effective Presentations
	1pm–2pm	Conflict: Work through it
Wednesday May 1	11am–12pm	Journey to Academic Success
	3pm–4pm	Stress Management
Thursday May 2	10am–11am	Developing Strategies to be Victorious in Math
	2pm–3pm	Goal Setting & Time Management

All Workshop Sessions will be held in the ARC SEMINAR ROOM unless otherwise indicated **

Week Six		
Tuesday May 7	10am–11am	Goal Setting & Time Management
	1pm–2pm	Expand Your Memory, Enhance Your Grades
Wednesday May 8	11am–12pm	Ability to Give & Receive Feedback
	3pm–4pm	Conflict: Work through it
Thursday May 9	10am–11am	Public Speaking... You can do it
	2pm–3pm	Creating Effective Presentations
Week Seven		
Tuesday May 14	10am–11am	Stress Management
	1pm–2pm	Developing Strategies to be Victorious in Math
Wednesday May 15	11am–12pm	Public Speaking... You can do it
	3pm–4pm	Be the CEO of YOU
Thursday May 16	10am–11am	Small Talk & Initiating Relationships
	2pm–3pm	Stress Management
Week Eight		
Tuesday May 21	10am–11am	Small Talk & Initiating Relationships
	1pm–2pm	Journey to Academic Success
Wednesday May 22	11am–12pm	Expand Your Memory, Enhance Your Grades**
	3pm–4pm	Ability to Give & Receive Feedback
Thursday May 23	10am–11am	Be the CEO of YOU
	2pm–3pm	Developing Strategies to be Victorious in Math
Week Nine		
Tuesday May 28	10am–11am	Public Speaking... You can do it
	1pm–2pm	Goal Setting & Time Management
Wednesday May 29	11am–12pm	Stress Management
	3pm–4pm	Expand Your Memory, Enhance Your Grades
Thursday May 30	10am–11am	Ability to Give & Receive Feedback
	2pm–3pm	Conflict: Work through it
Week Ten		
Tuesday June 4	10am–11am	Journey to Academic Success
	1pm–2pm	Stress Management
Wednesday June 5	11am–12pm	Conflict: Work through it
	3pm–4pm	Developing Strategies to be Victorious in Math
Thursday June 6	10am–11am	Creating Effective Presentations
	2pm–3pm	Be the CEO of YOU