

# Success Workshop Series Fall 2019 R' Success Workshop Series

Week Two		
Monday October 7	2pm - 3pm	Taking Care of You, The Student!
Tuesday October 8	11am - 12pm	Taking Care of you, The Student!
Wednesday October 9	3pm - 4pm	Taking Care of You, The Student!
Thursday October 10	10am - 11am	Taking Care of You, The student
Week Three		
Monday October 14	2pm -3pm	Small Talk & Initiating Relationships
Tuesday October 15	11am – 12pm	Small Talk & Initiating Relationships
Wednesday October 16	3pm – 4pm	Small Talk & Initiating Relationships
Thursday October 17	10am – 11am	Small Talk & Initiating Relationships
Week Four		
Monday October 21	2pm – 3pm	Goal Setting & Time Management
Tuesday October 22	11am – 12pm	Goal Setting & Time Management
Wednesday October 23	3pm – 4pm	Goal Setting & Time Management
Thursday October 24	10am – 11am	Goal Setting & Time Management
Week Five		
Monday October 28	2pm – 3pm	Be the CEO of You
Tuesday October 29	11am – 12pm	Be the CEO of You
Wednesday October 30	3pm – 4pm	Be the CEO of You
Thursday October 31	10am – 11am	Be the CEO of You

Week Six		
Monday November 4	2pm – 3pm	Team Work & Resolving Conflict
Tuesday November 5	11am – 12pm	Team Work & Resolving Conflict
Wednesday November 6	3pm – 4pm	Team Work & Resolving Conflict
Thursday November 7	10am – 11am	Team Work & Resolving Conflict
Week Seven		
Monday Nov. 11	2pm – 3pm	Motivation
Tuesday Nov. 12	11am – 12pm	Motivation
Wednesday Nov. 13	3pm – 4pm	Motivation
Thursday Nov. 14	10am – 11am	Motivation
Week Eight		
Monday Nov. 18	2pm – 3pm	Journey to Academic Success
Tuesday Nov. 19	11am – 12pm	Journey to Academic Success
Wednesday Nov. 20	3pm – 4pm	Journey to Academic Success
Thursday Nov. 21	10am – 11am	Journey to Academic Success
Week Nine		
Monday Nov. 25	2pm – 3pm	Public Speaking & Effective Presentations
Tuesday Nov. 26	11am – 12pm	Public Speaking & Effective Presentations
Wednesday Nov. 27	3pm – 4pm	Public Speaking & Effective Presentations
Thursday Nov. 28	10am – 11am	Public Speaking & Effective Presentations
Week Ten		
Monday Dec. 2	2pm – 3pm	Stress Management
Tuesday Dec. 3	11am – 12pm	Stress Management
Wednesday Dec. 4	3pm – 4pm	Stress Management
Thursday Dec. 5	10am – 11am	Stress Management

All Workshop Sessions will be held in the ARC

**SEMINAR ROOM unless otherwise indicated \*\***

**Earn Reward Stamps for attending workshops throughout the year.**

Receive a stamp for each session you attend (some workshops are worth 2 stamps as indicated (2). 7 stamps earns you a certificate of completion and an invitation to the Academic Resource Center recognition event held in May.

More information available on our website.

**BE SURE TO SIGN-UP ONLINE TODAY!!!**