Success Workshop Series Fall 2019 R' Success Workshop Series

Tuesday	pm - 3pm	Taking Care of You, The Student!		
October 8	l1am - 12pm	Taking Care of you, The Student!		
Wednesday October 9	3pm - 4pm	Taking Care of You, The Student!		
Thursday October 10	10am - 11am	Taking Care of You, The student		
	Week Three			
Monday October 14	2pm -3pm	Small Talk & Initiating Relationships		
Tuesday 1 October 15	1am – 12pm	Small Talk & Initiating Relationships		
Wednesday October 16	3pm – 4pm	Small Talk & Initiating Relationships		
Thursday October 17	.0am – 11am	Small Talk & Initiating Relationships		
	Week Four			
Monday October 21	2pm – 3pm	Goal Setting & Time Management		
Tuesday October 22	.1am – 12pm	Goal Setting & Time Management		
Wednesday October 23	3pm – 4pm	Goal Setting & Time Management		
Thursday October 24 1	.0am – 11am	Goal Setting & Time Management		
Week Five				
Monday October 28	2pm – 3pm	Be the CEO of You		
Tuesday October 29	.1am – 12pm	Be the CEO of You		
Wednesday October 30	3pm – 4pm	Be the CEO of You		
Thursday October 31	.0am – 11am	Be the CEO of You		

Week Six			
Monday	2pm – 3pm	Team Work & Resolving Conflict	
November 4	20111 30111	reall work & Resolving connect	
Tuesday November 5	11am – 12pm	Team Work & Resolving Conflict	
Wednesday November 6	3pm – 4pm	Team Work & Resolving Conflict	
Thursday November 7	10am – 11am	Team Work & Resolving Conflict	
Week Seven			
Monday Nov. 11	No Workshop - Campus Closed		
Tuesday Nov. 12	11am – 12pm	Motivation	
Wednesday Nov. 13	3pm – 4pm	Motivation	
Thursday Nov. 14	10am – 11am	Motivation	
Week Eight			
Monday Nov. 18	2pm – 3pm	Journey to Academic Success	
Tuesday Nov. 19	11am – 12pm	Journey to Academic Success	
Wednesday Nov. 20	3pm – 4pm	Journey to Academic Success	
Thursday Nov. 21	10am – 11am	Journey to Academic Success	
Week Nine			
Monday Nov. 25	2pm – 3pm	Public Speaking & Effective Presentations	
Tuesday Nov. 26	11am – 12pm	Public Speaking & Effective Presentations	
Wednesday Nov. 27	3pm – 4pm	Public Speaking & Effective Presentations	
Thursday Nov. 28	No Workshop – Campus Closed		
Week Ten			
Monday Dec. 2	2pm – 3pm	Stress Management	
Tuesday Dec. 3	11am – 12pm	Stress Management	
Wednesday Dec. 4	3pm – 4pm	Stress Management	
Thursday Dec. 5	10am – 11am	Stress Management	

All Workshop Sessions will be held in the ARC

SEMINAR ROOM unless otherwise indicated **

Earn Reward Stamps for attending workshops throughout the year.

Receive a stamp for each session you attend (some workshops are worth 2 stamps as indicated (2). 7 stamps earns you a certificate of completion and an invitation to the Academic Resource Center recognition event held in May.

More information available on our website.

BE SURE TO SIGN-UP ONLINE TODAY!!!