Spring 2020 R' Success Workshop Series

Week Two			Week Six		
Tuesday	1:00pm	Taking Care of You, The	Tuesday May 5	1:00pm	Public Speaking & Effective Presentations
April 7 Wednesday		Student! Journey to Academic	Wednesday May 6	3:00pm	Team Work & Resolving Conflict
April 8	3:00pm	Success	Thursday May 7	10:00am	Motivation
Thursday April 9	10:00am	Goal Setting & Time Management	Week Seven		
Week Three			Tuesday May 12	1:00pm	Journey to Academic Success
Tuesday	1:00pm	Stress Management	Wednesday May 13	3:00pm	Goal Setting & Time Management
April 14 Wednesday			Thursday May 14 10:00ar	10:00am	Taking Care of You, The Student!
April 15	3:00pm	Be the CEO of You	Week Eight		
Thursday April 16	10:00am	Small Talk & Initiating Relationships	Tuesday May 19	1:00pm	Be the CEO of You
Week Four			Wednesday May 20	3:00pm	Motivation
Tuesday April 21	1:00pm	Motivation	Thursday May 21	10:00am	Journey to Academic Success
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Wednesday April 22	3:00pm	Public Speaking & Effective Presentations	Tuesday May 26	1:00pm	Small Talk & Initiating Relationships
Thursday April 23	10:00am	Team Work & Resolving Conflict	Wednesday May 27	3:00pm	Goal Setting & Time Management
Week Five			Thursday May 28	10:00am	Public Speaking & Effective Presentations
Tuesday	1:00pm	Goal Setting & Time	Week Ten		
April 28	1.00pm	Management	Tuesday June 2	1:00pm	Journey to Academic Success
Wednesday April 29	3:00pm	Taking Care of You, The Student!	Wednesday June 3	3:00pm	Stress Management
Thursday April 30	10:00am	Stress Management	Thursday June 4	10:00am	Taking Care of You, The Student!

All Workshop Sessions will be held via Zoom (Registration Required) Visit <u>https://arc.ucr.edu/rsuccess</u> for more information

Earn Reward Stamps for attending workshops throughout the year.

Receive a stamp for each session you attend (some workshops are worth 2 stamps as indicated (2). 7 stamps earns you a certificate of completion and an invitation to the Academic Resource Center recognition event held in May. More information available on our website.

BE SURE TO SIGN-UP ONLINE TODAY!!!

Academic Resource Center • Academic Intervention Programs (AIP) • 951.827.3721 • <u>www.arc.ucr.edu</u> Office Hours: Mon-Fri - 9am-5pm