## Spring 2020 R' Success Workshop Series

Week Two			Week Six		
Tuesday	1:00pm	Taking Care of You, The	Tuesday May 5	1:00pm	Public Speaking & Effective Presentations
April 7 Wednesday	·	Student!  Journey to Academic	Wednesday May 6	3:00pm	Team Work & Resolving Conflict
April 8	3:00pm	Success	Thursday May 7	10:00am	Motivation
Thursday April 9	10:00am	Goal Setting & Time Management	Week Seven		
Week Three			Tuesday May 12	1:00pm	Journey to Academic Success
Tuesday	1:00pm	Stress Management	Wednesday May 13	3:00pm	Goal Setting & Time Management
April 14 Wednesday		, and the second	Thursday May 14	10:00am	Taking Care of You, The Student!
April 15	3:00pm	Be the CEO of You	Week Eight		
Thursday April 16	10:00am	Small Talk & Initiating Relationships	Tuesday May 19	1:00pm	Be the CEO of You
Week Four			Wednesday May 20	3:00pm	Motivation
Tuesday April 21	1:00pm	Motivation	Thursday May 21	10:00am	Journey to Academic Success
		Dublic Speaking 9	Week Nine		
Wednesday April 22	3:00pm	Public Speaking & Effective Presentations	Tuesday May 26	1:00pm	Small Talk & Initiating Relationships
Thursday April 23	10:00am	Team Work & Resolving Conflict	Wednesday May 27	3:00pm	Goal Setting & Time Management
Week Five			Thursday May 28	10:00am	Public Speaking & Effective Presentations
Tuesday	1:00pm	Goal Setting & Time	Week Ten		
April 28	1.00ріті	Management	Tuesday June 2	1:00pm	Journey to Academic Success
Wednesday April 29	3:00pm	Taking Care of You, The Student!	Wednesday June 3	3:00pm	Stress Management
Thursday April 30	10:00am	Stress Management	Thursday June 4	10:00am	Taking Care of You, The Student!

## All Workshop Sessions will be held via Zoom (Registration Required)

Visit <a href="https://arc.ucr.edu/rsuccess">https://arc.ucr.edu/rsuccess</a> for more information

## Earn Reward Stamps for attending workshops throughout the year.

Receive a stamp for each session you attend (some workshops are worth 2 stamps as indicated (2). 7 stamps earns you a certificate of completion and an invitation to the Academic Resource Center recognition event held in May.

More information available on our website.

**BE SURE TO SIGN-UP ONLINE TODAY!!!**