

Winter 2021 R'Success Workshop Series

Jan 11 – 15		
M, Jan 11	10:00am	Reading for Success in College
T, Jan 12	1:00pm	Be the CEO of You
W, Jan 13	10:00am	Goal Setting & Time Management
R, Jan 14	10:00am	Journey to Academic Success
F, Jan 15	1:00pm	Motivation
Jan 18 – 22		
M, Jan 18	Martin Luther King, Jr. Day Holiday	
T, Jan 19	1:00pm	Taking Care of You! (The Student)
W, Jan 20	10:00am	Preparing for Graduate and Professional School Exams
R, Jan 21	10:00am	Public Speaking & Effective Presentations
F, Jan 22	1:00pm	Small Talk & Initiating Relationships
Jan 25 – 29		
M, Jan 25	10:00am	Stress Management
T, Jan 26	1:00pm	Preparing For and Taking Tests
W, Jan 27	10:00am	Reading for Success in College
R, Jan 28	10:00am	Be the CEO of You
F, Jan 29	1:00pm	Goal Setting & Time Management
Feb 1 – Feb 5		
M, Feb 1	10:30am	Journey to Academic Success
T, Feb 2	1:00pm	Motivation
W, Feb 3	10:00am	Taking Care of You! (The Student)
R, Feb 4	10:00am	Preparing for Graduate and Professional School Exams
F, Feb 5	1:00pm	Public Speaking & Effective Presentations

Feb 8 – Feb 12		
M, Feb 8	10:00am	Small Talk & Initiating Relationships
T, Feb 9	1:00pm	Stress Management
W, Feb 10	10:00am	Preparing For and Taking Tests
R, Feb 11	10:00am	Reading for Success in College
F, Feb 12	1:00pm	Be the CEO of You
Feb 15 – Feb 19		
M, Feb 15	Presidents' Day Holiday	
T, Feb 16	1:00pm	Goal Setting & Time Management
W, Feb 17	10:00am	Journey to Academic Success
R, Feb 18	10:00am	Motivation
F, Feb 19	1:00pm	Taking Care of You! (The Student)
Feb 22 – Feb 26		
M, Feb 22	10:00am	Teamwork & Resolving Conflict
T, Feb 23	1:00pm	Public Speaking & Effective Presentations
W, Feb 24	10:00am	Preparing for Graduate and Professional School Exams
R, Feb 25	10:00am	Stress Management
F, Feb 26	1:00pm	Preparing For and Taking Tests
Mar 1 – Mar 5		
M, Mar 1	10:30am	Reading for Success in College
T, Mar 2	1:00pm	Be the CEO of You
W, Mar 3	10:00am	Goal Setting & Time Management
R, Mar 4	10:00am	Journey to Academic Success
F, Mar 5	1:00pm	Motivation

All Workshop Sessions will be held via Zoom (Prior Registration Required)

Go to <https://arc.ucr.edu/rsuccess> for more information

Earn **Reward Stamps** for attending workshops throughout the year. Sign up online today!

Receive a stamp for each session you attend (when indicated, some workshops are worth 2 stamps). 7 stamps earn you a **Certificate of Completion** and an invitation to the ARC's **Recognition Event** in May. Check our website for more information.

Visit the UCR Academic Resource Center online at www.arc.ucr.edu • Staff available Mon-Fri, 9am-5pm
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