

APA Formatting Guidelines (6th ed.)

OVERVIEW

- American Psychological Association (APA) style is commonly used in behavioral sciences, social sciences, and business.
- APA is currently in its 6th edition.

FORMATTING AND STYLE

General Formatting

- Typed, double-spaced in **12 pt. Times New Roman** font.
- Include a **page header** (also known as a “running head”) at the top of every page.
 - Include “TITLE OF YOUR PAPER” using all capital letters.
 - Title page should read:
 - Running head: TITLE OF YOUR PAPER
 - Example: Running Head: WHY CATS ARE AMAZING
 - After the title page, the header should read:
 - TITLE OF YOUR PAPER
 - Example: WHY CATS ARE AMAZING
- Pages should be numbered in the top right corner of every page with only a numeral (1, 2, 3, 4, etc.)
- Titles of large works—books, movies, television shows, magazine titles, entire websites—should be *italicized* or underlined.
 - *Romeo and Juliet*, *YouTube*, *Barefoot Contessa*, *Hamlet*, *New Yorker*
- Titles of smaller works—magazine articles, essays, poems, webpages, television episodes—will usually be in “quotation marks.”
 - “Lure of the Lost City,” “In Praise of Margins,” “Ode on a Grecian Urn,” “Academic Resource Center: Home,” “Once More, With Feeling”

Title Page

- Title should be in uppercase and lowercase letters, centered, in the upper half of the page.
- Under the title, include the author’s name.
 - First name, middle initial(s), and last name.
 - Do not include titles (Dr.) or degrees (PhD).
 - Include the institutional affiliation which indicates where the research was done.

ADDITIONAL RESOURCES AND REFERENCES:

- *Publication Manual of the American Psychological Association*, 6th ed.
- Purdue OWL: APA Formatting and Style:
<https://owl.english.purdue.edu/owl/resource/560/01/>

The Academic Resource Center's Sample Title Page:
American Psychological Association's Guidelines

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